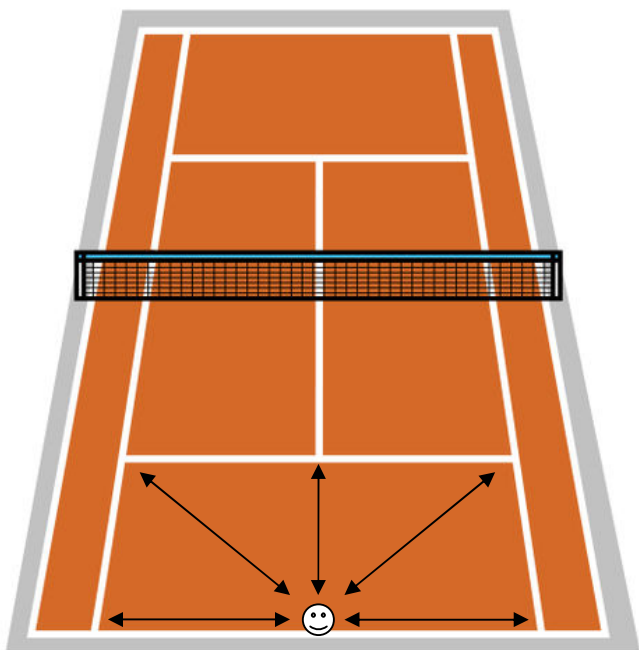


Vežbe brzine, agilnosti i eksplozivnosti za tenis

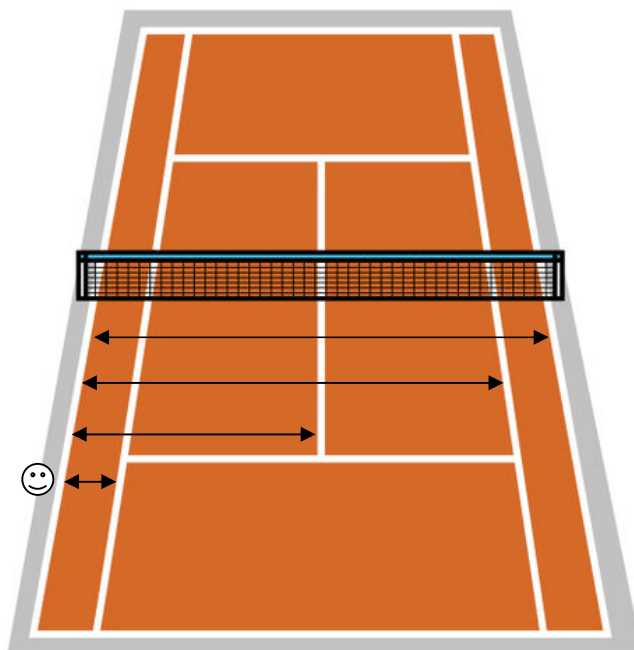
Autor: Mihajlo Kostić

Datum: 30.1.2004.

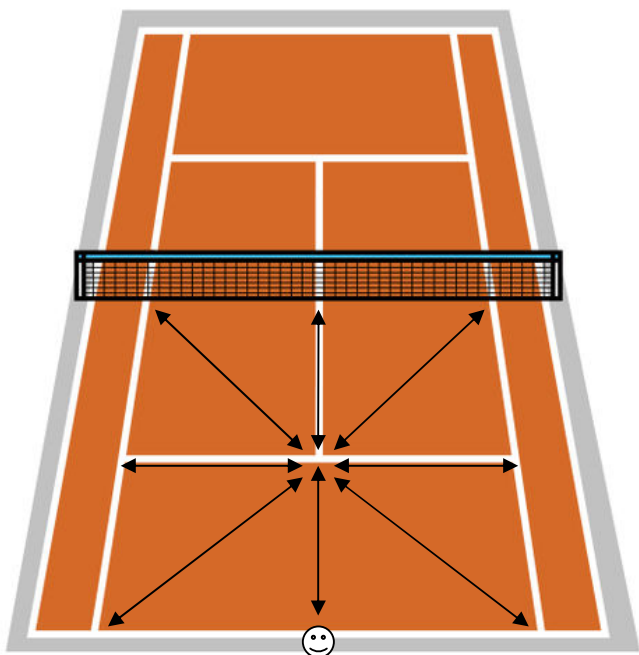
Vežba #1 "Fan drill"



Vežba #2 "Line drill"



Vežba #3 "Star drill"



Vežba #4 "Capriati drill"

